



Helping Hands, Inc provides programs and support services for individuals and families impacted by intellectual and developmental disabilities. We provide these programs to allow each individual to live their best everyday life with value.

We strive to honor each individual's needs and provide a safe and non-restrictive environment while maximizing their skills and abilities to his or her fullest abilities

**Mission:**

Our mission is to provide a safe, pleasurable, sociable, educational, and stimulating program experience for the intellectually and developmentally disabled individuals we serve.

**Goal:**

Our goal is to maximize the person's skills and abilities to his or her fullest potential to prepare and assist them for living their best life with value within their community. Our programs encourage individuals to grow in self-assurance and respect while enjoying their rehabilitations, residential, vocational, and recreational experiences.

**Helping Hands, Inc. is proudly a member of the following local organizations:  
Berks-Mont Business Association, Tri-County Chamber of Commerce and Tri-County Network.**



415 Hoffmansville Road, Bechtelsville PA 19505  
Email: [HHInfo@helpinghandsinc.com](mailto:HHInfo@helpinghandsinc.com)  
Facebook – HelpingHands PA

(610) 754-6491 / Fax: (610) 754-7157  
Website: [www.HelpingHandsInc.com](http://www.HelpingHandsInc.com)  
Executive Director, Laura McGinty

# Our Programs:

**The Day Program/Adult Training Facility (ATF) program** provides activities for adults 21 and over with intellectual and/or developmental disabilities, which enable them to lead successful lives and connect to their community in meaningful ways. The activities provided are designed to promote independence while allowing each person to accomplish everyday tasks in order that they may live a quality life.

**The Aging/Senior Day Care program** offers a quality senior day care program for individuals with intellectual and/or developmental disabilities that have decided to retire from work or traditional day services, yet still want to remain as active as possible. It is a safe and stimulating program which provides recreational, educational, social, and therapeutic activities. This program provides facility-based and community-based activities designed to maintain individuals' functional and cognitive skills to promote a better quality of life.

**The Work Activity Center (WAC) program** is designed to provide a well-rounded vocational training for disabled adults ages 21 and over with intellectual and/or developmental disabilities. WAC program participants earn a paycheck while learning job skills and concepts. Additionally, WAC program participants are involved in career exploration opportunities, community integration activities, and the development of daily living skills. Helping Hands, Inc's WAC program endeavors to enrich the lives of people with disabilities by actively providing opportunities for independence and individual growth.

**The Residential Group Home Program** takes great pride in providing a warm, safe, caring, home-like setting for adults with intellectual and developmental disabilities while meeting the needs and unique challenges that these individuals may face on a daily basis. The program is designed to provide personalized care from age 21 through end of life, while encouraging family involvement. Everyone's specific health requirements are accommodated, along with specialized nutritional, therapeutic, behavioral, educational, employment, and day programming needs.

**The Socialization/Recreation Program** strives to provide adequate socialization for Individuals with Intellectual and Developmental Disabilities through community activities such as swimming, bowling, movie nights, sleepovers, sporting events and more. Helping Hands provides transportation to most S/R activities, as well as meeting points in several locations for pick-up and drop-off. Incredible memories are made at each activity, and we encourage participants to suggest activities they would personally enjoy attending if they are not already on our activity menu.

**The Summer Shore Vacation Program** provides an age-appropriate socialization experience for anyone over the age of 18. The first four weeks of the summer are designated as 'Camp' weeks, which cater to those individuals who would prefer a structured, summer camp type of atmosphere. These weeks are based almost entirely at our home in Rio Grande, NJ, offering activities such as arts & crafts, music, sports, swimming, etc. These activities follow a theme that changes each week to make it fun and interactive. The remaining 7 weeks of the summer are designated as 'Shore' weeks, providing a vacation-like atmosphere, with outings to Atlantic City, the beach, Wildwood boardwalks, nature centers, and many more.

**"People with disabilities have the right to an everyday life; a life that is no different than that of all other citizens." (Everyday Lives, Values in Action, ODP)**

