

Information and Support Services

Our partnership with a wide variety of human services agencies throughout our community enables us to provide information and direction for both individuals and families in need of support services of all kinds.

Fees

The agency Sheltered Workshop, Adult Daycare Program, and Residential Group Homes are funded primarily through a combination of state and federal monies. Rates for reimbursement are set by the PA Office of Developmental Programs. Fees for our Social and Recreation Program are private pay and subsidized by our UW support and agency fundraising activity. Our S/R Program activity costs generally range from \$10-\$50 per event. The Summer Vacation Program fees are established annually based on budgetary consideration. Contact the office for current weekly rates. In addition, qualified individuals and families may qualify for funding support through the state and federal waiver program. Individuals and families should contact their supports coordinator for more information.

Special Needs Trust Fund

Helping Hands Special Needs Pooled Trust allows people with disabilities to set aside funds for extra, quality-of-life needs without jeopardizing Supplemental Security Income (SSI), and Medicaid benefits or services.

Many Facets of Helping Hands

Our programs are designed around each individual's needs and implemented in the least restrictive environment for the safety and well being of the individual. Our programs encourage individuals to grow in self-assurance and respect while enjoying their rehabilitation, residential, vocational, and recreational experiences.

Aging/Senior Program

This program offers a quality day program for disabled seniors. It is a safe and stimulating program which provides recreational, educational, social and therapeutic activities.

Day Program (ATF)

The Adult Training Facility (ATF) program's goal is to provide support activities for individuals with profound disabilities and physical impairments. Utilizing both individual and small group settings, our staff works on fine/gross motor coordination, independent care skills and educational, recreational activities by providing sensory stimulation, planned activities, and appropriate therapies

to promote personal progress and prevent physical regression.

Work Activity Center

The Work Activity Center (WAC) program is designed to provide disabled individuals with a well-rounded job training experience. Trainees can earn a paycheck while learning job skills and concepts. Through hands-on instruction trainees can carry out contract work for area private companies. In addition, trainees, are involved in career exploration, community integration activities, and the development of daily living skills. Helping Hands, Inc's Work Activity Center program endeavors to enrich lives of people with disabili-

ties by actively providing opportunities for independence and individual growth.

Social Recreation S/R

This program provides opportunities for individuals to participate in a wide variety of social/recreational activities. Emphasis is based on community-based activities such as swimming, bowling, wallyball, movies, sporting events, and an ever expanding menu of opportunities suggested by the participants. Transportation is available for most S/R activities.

Summer Vacation Program

The summer camp/shore vacation program provides an age appropriate social/recreational experience for adults over the age of 18. Our traditional camp program is offered in four

weekly sessions and provides an opportunity to participate in swimming, arts & crafts, sports, music, hiking, and other camp activities. Our vacation program at the New Jersey shore is offered in weekly session. We have designed a beach vacation with activities that may include trips to Atlantic City, Wildwood, beaches, the boardwalks, and other activities requested by the participants.

Special Vacation Program

As an extension of our S/R and Camp Programs, Helping Hands, Inc. coordinates special vacations at the request of our clients. Past trips included cruises, New Orleans, Nashville, and many others. Staff, volunteers and the participants work to raise the funds necessary for these trips through fundraising.



"Helping Hands has helped our daughter by providing social and recreational activities that she enjoys, and we are grateful that such an organization exists in our community."

Dr. and Mrs. Kneidinger

Group Homes

Helping Hands currently has five community based group homes caring for 15 individuals. Our residential program is designed to offer families the comfort and security of knowing that the unique challenges their loved ones face are being met in a warm, caring, home-like setting. Not only are residents' medical, dental, and health requirements accommodated, but also all specialized nutritional needs. Specialized therapies and education programs also are provided. In addition, social and recreational activities are available both in and outside the home. Ultimately, our group homes strive to provide a safe and stimulating environment for our residents, and integrate them into their home community.

Direct Care Professionals New Personal Relationships Monthly Nursing Visits

Direct Participation in Community Health Care Coordination

About us ...

For over thirty years, Helping Hands has been providing support services for individuals and families impacted by physical and mental disabilities. Because we are a small agency, we take pride in our ability to pay attention to the individual needs of each of our clients and in developing a partnership with families, providers, vendors, funding sources and our community. Our staff is committed to adhering to the mission of our agency, and we are anxious to serve you.

Programs and Services

Information and Support Services
Adult Training Facility (ATF)
Work Activity Center (WAC)
Aging/Senior Program
Residential/Group Home Programs
Social/Recreation Programs (S/R)
Summer Camp/Vacation Programs



Helping Hands is Supported By:

- PA Office of Developmental Programs
- United Way of Boyertown
- Fundraising
- Charitable Giving
- Fees for Service

Let us Introduce Ourselves!

Incorporated in 1978, Helping Hands, Inc. is a private, not-for-profit social service agency.

The agency sees the meeting of individuals and the individual's family needs as its basic purpose and function. It is our goal for individuals to enjoy themselves while learning and growing. The agency acts as an advocate for physically and mentally disabled persons and their families in the community.

Contact us at

610-754-6491

610-754-7157 Fax

on the web at www.helpinghandsinc.com

Email us at hhandsinc@comcast.net

Office Hours of Operation:

Monday - Friday 8:00am - 4:00pm

415 Hoffmansville Road
Bechtelsville, PA 19505



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To provide a safe, pleasurable, sociable, educational and stimulating program experience for the mentally and physically disabled individuals we serve.

Helping Hands, Inc Philosophy