

Helping Hands, Inc.
Socialization and Recreation Program Newsletter
October 2025



Sunday, October 5, 2025



Sunday the bowling league will be returning! Starting at 2:30pm and ending at 4:30pm at the **Bowlero** in Limerick Pa. It will run through Dec 7, 2025. There will be no Bowling on Nov 30, 2025. Cost for two games & shoes will be \$11. Please arrive by 2:15pm so we have time to get all the bowlers paid for and to their lanes by 2:30pm. Call the office to register for the program.

Shore Weekends- October 10th-12th or November 14th-16th 2025



Come with us and enjoy a retreat weekend away with great activities and fun places to explore! Fee for each weekend is \$600/person. Waiver funding may be used, which is 2 units at \$300.00 each. Payment must be received prior to the weekend. Please be advised that only one weekend is available per participant. Let us know which one you prefer.



Wednesday, October 15th

Special Olympics swimming will return at the **YMCA** in Boyertown. Each Wednesday from 7:30pm-8:15pm. Helping Hands will provide staff for individuals that need assistance (there is also a free swim area off to the side for our participants.) Please contact the office for further information or to register for the program!



Friday, October 17, 2025

The Annual Dinner & Dance will take place at the East Greenville Fire Company 6:30pm-10pm. We hope to see you there!



Saturday, October 25, 2025

Come and spend the day with us to be a part of the Universoul Circus! Please be sure to pack a lunch or bring money to purchase lunch. Arrival time at the office will be from 10:00am and return time will be 4:00pm. We will reach out should the traffic be difficult in the city. Cost per person will be \$95.

For Program registrations, contact the office at 610-754-6491 or email hhirecreation@helpinghandsinc.com

